

## PROTEIN MARKERS USEFUL IN AUTHENTICATING *Eurycoma longifolia* CONTAINED HERBAL APHRODISIAC PRODUCTS

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**ABSTRACT** *Eurycoma longifolia* has been widely recognized for its aphrodisiac benefits and many herbal products incorporated with its extract been sold worldwide. The products in various forms of capsules or spherical tablets were appropriately solubilized in water and their protein content were separated using two dimensional electrophoresis (IPG strip of pI 3-10; 15% homogenous gel) and stained in coomassie blue. In this study using a standardized extract known for its biological activity, CFPR-JV1, two distinctive protein markers were detected within 2DE gel. The markers were spots found approximately at molecular weight of 14kDa at the basic extremities. The markers were not detected in a selected herbal product devoid of *Eurycoma longifolia* extract. In screening markers on a total of 23 National Pharmaceutical Control Bureau (NPCN) approved and 6 NPCB un-approved products claimed to have included *Eurycoma longifolia* extracts gave results with 18 of the 29 (approximately 62%) products observed with the presence of at least marker A, while the rest did not show presence of any markers. This enabled authentication of the products tested related to its active constituent. It is expected that the protein markers in addition to the existing chemical marker, Eurycomanone, may serve to be useful in authenticating genuine, unadulterated or sufficiently enough amount of *Eurycoma longifolia* in herbal aphrodisiac products.

**ABSTRAK** Tongkat Ali telah diiktiraf secara meluas bagi faedah perangsang seksualnya dan banyak produk-produk herba yang digabungkan dengan ekstrak herba ini telah dijual di seluruh dunia. Produk dalam bentuk kapsul atau tablet sfera yang pelbagai sesuai dilarutkan dalam air dan kandungan protein mereka telah dipisahkan menggunakan jel dua dimensi (jalur IPG pI 3-10; 15% jel homogenous) dan diwarnakan dengan coomassie biru. Dalam kajian ini suatu ekstrak yang sebelum ini telah diiktiraf mengandungi aktiviti biologi iaitu ekstrak CFPR-JV1 telah dikesani dengan dua penanda protein melalui teknik jel 2DE. Penanda-penanda berkenaan adalah pada lokasi kira-kira berat molekul 14kDa dan pada kawasan berkali. Penanda-penanda protein ini tidak dikesani dalam produk herba yang diiktiraf tidak mempunyai ekstrak Tongkat Ali. Dalam saringan penanda di dalam sejumlah 23 produk kategori lulus Biro Kawalan Farmaseutikal Kebangsaan (NPCN) serta 6 produk dalam kategori tidak pernah diluluskan oleh NPCN tetapi mendakwa mengandungi ekstrak Tongkat Ali memberi keputusan cerakinan iaitu 18 daripada 29 (kira-kira 62%) produk dikesani dengan kehadiran sekurang-kurangnya dengan penanda A, manakala yang lain tidak menunjukkan kehadiran kedua-dua penanda. Pengesahan ini membolehkan produk-produk tersebut diujikesan dengan jujuk yang aktif. Oleh yang demikian adalah dijangkakan penanda protein selain penanda kimia yang sedia ada iaitu Eurycomanone, berguna dalam mengesahkan kesahihan kehadiran ekstrak Tongkat Ali dalam pelbagai produk herba afrodisiak.

**(Keywords:** plant, aphrodisiac, standardization, two dimensional electrophoresis, protein)

### INTRODUCTION

*Eurycoma longifolia* from the family Simaroubaceae is a medium sized shrub that is endemic to Southeast Asia[1]. The locals identify it by the common name 'Pasak Bumi' or 'Tongkat Ali' and it has been long recognized as an herbal plant with several medicinal values.

The root extract is believed to be an aphrodisiac which enhance male virility and sexual prowess. The plant extract (particularly roots) have been used in indigenous traditional medicines for its unique antimalarial, anti-pyretic, antiulcer, cytotoxic and aphrodisiac properties [2-6]. The aphrodisiac property of *E. longifolia* was confirmed by various studies done on male rats [7-15].

The aphrodisiac power of *E. longifolia* has been harnessed and commercialized with estimates of nearly 200 products, mainly highlighting the aphrodisiac properties, are available in the health-food market [5]. Since it is widely acknowledged by people all around the world, the demand for *E. longifolia* supplements especially those in the form of capsules and tablets are hence, worldwide [16]. Extracts of this herb have often been incorporated in some natural body building supplements due to the positive effect of this plant on testosterone production. Recently, it has been effectively marketed as an aphrodisiac and a natural libido enhancer that can help many middle aged men to retrieve their youthful appetite [17]. The amount of extract used in each tablet is vital as low concentrations are ineffective. This can be overcome if the extraction and preparation processes are standardized, however this is not the case and therefore, it remains questionable whether every product still retain enough of the bioactive constituent of *E. longifolia*. This is especially true for products that are not approved by any pharmaceutical authoritative bodies. We suspect that these clandestine “cottage” industries which lack quality control might produce products that do not contain *E. longifolia* root extract at all or that the unobtrusive processing methods might damage its pharmaceutical properties. Counterfeit drugs have recently become a serious problem all over the world where products are deliberately mislabeled, added with the wrong ingredient, wrong amount of ingredient or with no active ingredient at all [18].

The Malaysian National Pharmaceutical Control Bureau (NPCB) requires for approval purposes all herbal product manufacturers to submit information that include the manufacturing process, material specifications, quality control of raw material and test data. Even after that, the products are constantly under post marketing surveillance in which chemical tests are performed on random samples. Tests conducted by both manufacturers and NPCB include those that check its pharmaceutical content, heavy metal content (As, Pb, Cd and Hg), triterpenes and steroid content, weight uniformity and microbial contamination [19]. Despite the stringency, it remains elusive whether NPCB validate or has the mean to validate the aphrodisiac property of the products. Although a microcontroller-based taste system had been invented to discriminate between liquids that

contain *E. longifolia* extract and those that are not, the invention detects various different chemical components of the liquid and not its bioactive aphrodisiac component. [20] Many unique organic molecules and quassinoids such as eurycomanone, eurycomanol, eurycomaoside etc have been identified [16, 21], but it has been determined that the aphrodisiac bioactive component of *E. longifolia* is a peptide that has been patented by the name Eurypeptide [22-23]. The results of an earlier research based on collaboration between MIT-FRIM linked the active components of *E. longifolia* to be protein based as well [24]. As such in this current study proteomics technology (conventional method for protein characterization) was used to investigate potential protein markers that can be used to authenticate some *E. longifolia* contained products in the market.

## MATERIAL AND METHODS

### Test materials

*E. longifolia* capsules of different brands were obtained from various pharmacies and drug stores in peninsular Malaysia. Some products are sold online to international customers. These products are classified into two groups, those that are approved by NPCB (coded as MON-A01 – MON-A23) and the others that are not (coded as MON-X01 – MON-X06). All approved products are attached with a NPCB hologram sticker while the unapproved ones are not. The name, brand and the manufacturer of the capsules are not shown to protect the anonymity of the products. For products that come in the form of capsules, the shells were physically removed and the powdery content was stored. For spherical tablets, they were crushed by using mortar and pestle until they became powdery. CFPR-JV1 and MON-JV1 were used as positive controls while MON-NC which contains *Smilax myosotiflora* extract instead of *E. longifolia* was used as negative control. CFPR-JV1 is a standardized *E. longifolia* root extract obtained from Forest Research Institute Malaysia (FRIM) while MON-JV1 was extracted in our own laboratory. Its extraction is as follows, initially, 50g of *E. longifolia* root chips were boiled with 600ml of deionized distilled water in a round bottom flask attached to a condenser for 5 hours. Then, the condensed liquid was filtered before being freeze dried for the final powdery products. All MON-JV1 extracted samples were kept at -20°C.

## Two Dimensional Gel Electrophoresis (2DE)

The protein content in each sample was quantified by using Bradford protein quantification assay. The first dimensional run; Isoelectric focusing (IEF) was then performed on rehydrated Immobiline™ Drystrip pH 3-10NL, 7cm IPG strips (GE Healthcare) with the sample loaded by using a sample cup. Prior to this, the correct amount of sample with 25µg protein content was mixed with 250µl of rehydration buffer containing 8M urea, 2% (w/v) CHAPS, 20mM DTT (dithiothreitol), 1% (v/v) IPG buffer and 0.002% (w/v) Bromophenol Blue. The order of parameters used during IEF run were step and hold at 200V for 1 hour, gradient at 1000V for 1 hour, gradient at 5000 for 4 hours and finally step and hold at 5000V for 1 hour. After IEF, the IPG strips were equilibrated twice on a rocking table with buffer containing 50mM Tris/HCl, 6M urea, 30% (v/v) glycerol, 2% SDS and a trace of Bromophenol Blue with addition of 30mM DTT for the first time and 70mM iodoacetamide for the second time, 10 minutes each. The second dimensional run; polyacrylamide gel electrophoresis (PAGE) was performed thereafter. The equilibrated strips were loaded onto a 15% polyacrylamide gel (9.6cm length X 8.2cm width) and the electrophoresis run was initiated at 250V until the dye front reached the bottom of the gel. The separated gel proteins were visualized by Coomassie Brilliant Blue staining. They were then scanned by a digital scanner and saved in tagged image file format (TIFF).

Another modified 2DE run was also performed whereby MON-A07 was “spiked” with the positive control, CFPR-JV1. This was done by introducing the two samples separately using two loading cups onto a rehydrated IPG strip during IEF run as described in previous works [25-27].

## Data analysis

Scanned gel pictures were analyzed using Bio Rad's PDQuest 2D Analysis Software. The image was automatically rendered into greyscale by the software in order for it to perform further analysis on the picture. The background noise was filtered out using Gaussian filtering method. Once filtered, the area expected to have the markers were analyzed using the software's 3D viewer to confirm the marker's peaks.

## RESULTS

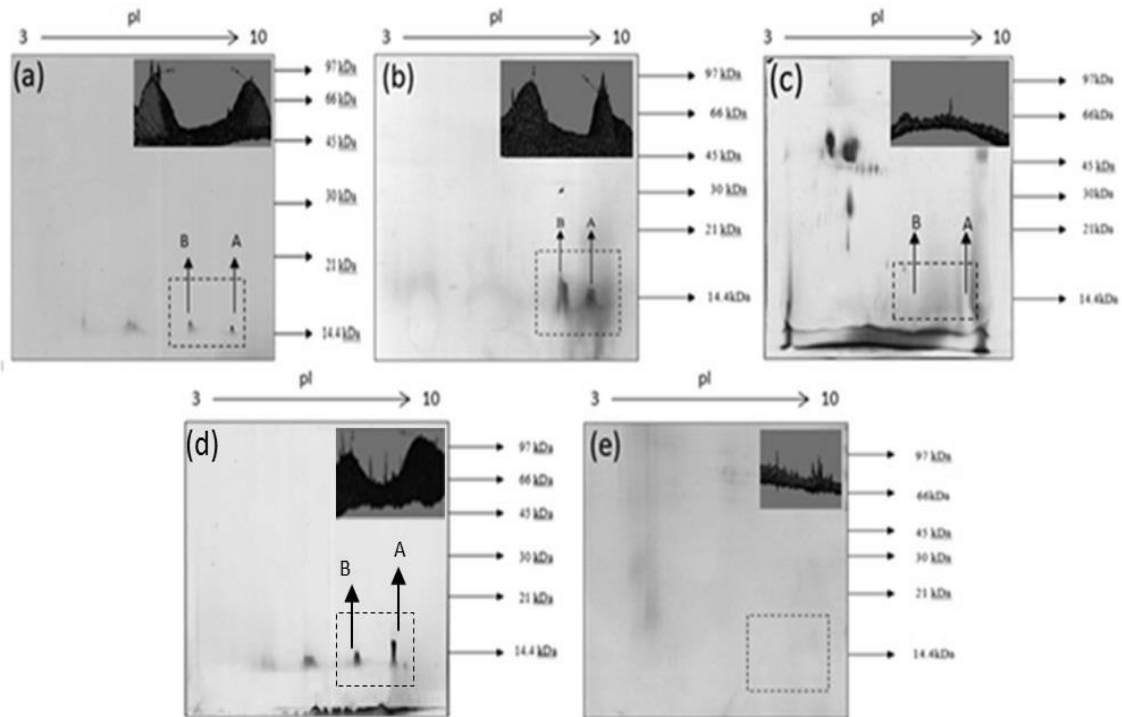
### Markers and their validation

In both positive controls, CFPRJV1 and MON-JV1, two prominent and reproducible spots were detected approximately at molecular weight of 14kDa (15% homogenous gel) at basic extremities of a 3-10 IPG strip [Fig. 1(a) and (b)]. The gels were only stained with coomassie blue as attempts to stain with silver staining method failed to show any spots (results not included). Negative control, MON-NC, though showed other spots but not the markers [Fig. 1 (c)]. Figure 1 also showed two products been screened for presence of markers, A and B, with MON-A15 having them [Fig 1 (d)] while none observed in MON-A09 [Fig. 1(e)].

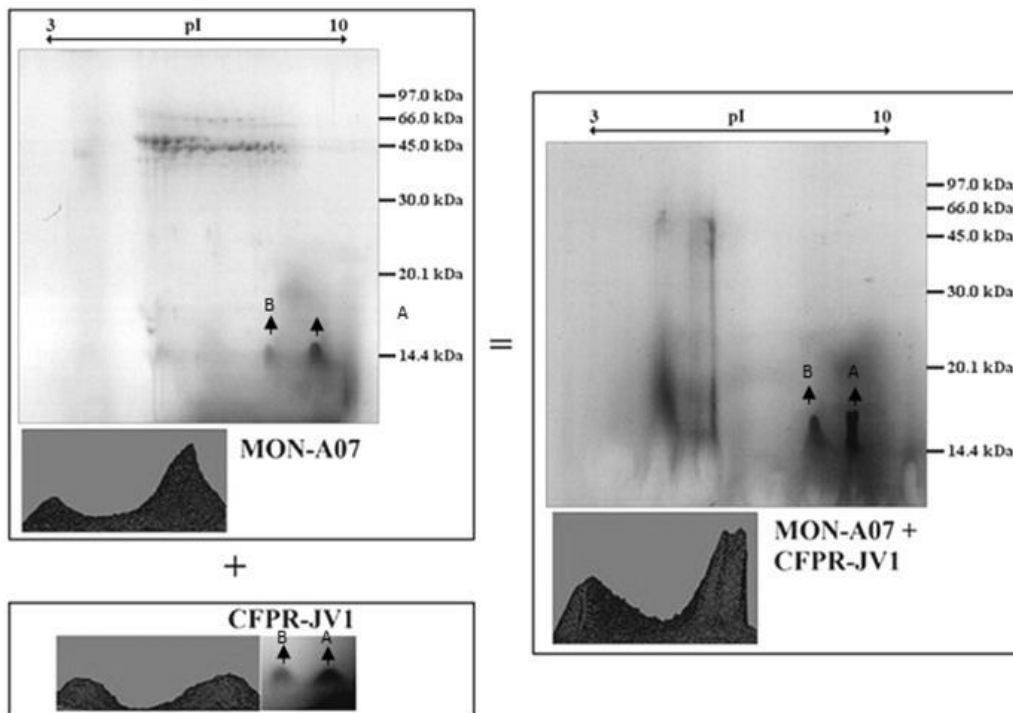
Another validation method that was performed in this study was “spiking”. One of the samples was loaded separately with positive control, CFPR-JV1 onto the same IPG strip. The amount of proteins loaded from each cup was 25µg. If the proteins of interest from the tested samples had similar charge and molecular size with the positive control, the two dimensionally separated protein markers should be more pronounced and slightly larger in size. Taking MON-A07 as a representative, its protein sample was spiked with positive control CFPR-JV1. After spiking, the markers are significantly more distinct. The 3D representation shows visibly higher peaks for both the markers, thus validating them (Fig 2). Besides that, it also shows that spiking is a reliable method to confirm that protein spots from two different samples are of same protein origin.

In a total of 23 NPCB approved samples that have been tested, 14 showed the presence of marker A while 13 for marker B (Table 1). MON-A06 was the only sample which showed the presence of marker A but not marker B. While for the six samples that were unapproved by NPCB only MON-X04 and MON-X06 were found to have none of the markers present. MON-A10 which showed a negative result for both markers was actually devoid of *E. longifolia* extract according to the ingredient description even though it is labeled as a ‘Tongkat Ali’ herbal product. Hence, a total of 14/23 (~61%) of the NPCB approved products in comparison to 4/6 (~67%) of the unapproved NPCB products showed the presence of marker A. Overall

approximately 62% of the total products showed presence of marker(s).



**Figure 1.** 2DE on (a) CFPRJV1 (positive control), (b) MON-JV1 (positive control), (c) MON-NC (negative control), (d) MON-A15 (product with both markers detected) and (e) MON-A09 (product with no markers). Insert on upper right corner showing 3D view obtained using Bio Rad's PDQuest.



**Figure 2.** The stained gel images and the corresponding 3D representations of CFPR-JV1, MON-A07 and spiking of CFPR-JV1 with MON-A07.

**Table 1.** The presence (✓) or absence (✗) of protein markers A and B in each tested samples.

No	Sample	Protein content (µg/mg sample)	Product content (%)	Marker A	Marker B
1	MON-A01	1.5162	100.0 EL	✗	✗
2	MON-A02	2.7439	40.0 EL; 20 <i>Tinospora cordifolia</i> stem extract; 20.0 <i>Glycyrrhiza glabra</i> root extract; 20.0 <i>Centella asiatica</i> herb extract	✓	✓
3	MON-A03	3.1967	8.6 EL; 17.2 Herbs <i>Epimedium brevicornum</i> ; 17.2 Actinolithum ; 17.2 <i>Cuscuta chinensis</i> ; 17.2 <i>Cynomorium songaricum</i> ; 13.8 Semen <i>Cuscuta chinensis</i> ; 8.6 Herb <i>Cistanche deserticola</i>	✗	✗
4	MON-A04	8.1172	68.1 EL; Semen 1.9 <i>Pimpinella anisum</i> ; 4.2 Semen <i>Cuminum cyminum</i> ; 1.9 Rhizome <i>Zingiber officinale</i> ; 1.9 <i>Sticepus variegahus</i> ; 1.9 <i>Sticepus variegahus</i> ; 1.9 semen <i>Piper nigrum</i> ; 1.9 Semen <i>Piper nigrum</i> ; 1.2 Semen <i>Coriandrum sativum</i> ; 4.0 Rhizoma <i>Alpinia golango</i> ; 6.7 Radix <i>Curcuma zedoaria</i> ; 4.2 Garlic oil macerate.	✓	✓
5	MON-A05	2.1419	60.0 EL; 40.0 Radix <i>Astragali seu hedysari</i> .	✓	✓
6	MON-A06	5.6404	15.6 EL; 21.9 Rhizoma <i>Smilax myosotiflora</i> ; 15.6 Rhizoma <i>Allomorpha malacensis</i> ; 4.7 Semen <i>Trigonella foenum graecum</i> ; 7.8 Rhizoma <i>Zingiber minus</i> ; 7.8 Caulis <i>Leptosmermum flavescens</i> ; 4.7 Rhizoma <i>Acorus calamus</i> ; 9.4 Semen <i>Nigella sativa</i> ; 4.7 Semen <i>Coriandrum sativum</i> ; 4.7 Fructus <i>Piper longum</i> ; 3.1 Semen <i>Trachyspermum ammi</i> .	✓	✗
7	MON-A07	5.2864	85.0 EL; 10.0 Semen <i>Nigella sativa</i> ; 5.0 Folium <i>Cassia angustifolia</i> .	✓	✓
8	MON-A08	11.284	24.0 EL; 20.0 <i>Nigella sativa</i> ; 10.0 <i>Globia Pendula</i> ; 2.0 <i>Curcuma domestica</i> ; 10.0 <i>Piper nigri fructus</i> ; 10.0 <i>Languas galangal</i> ; 24.0 <i>Foeniculum vulgare</i> .	✓	✓
9	MON-A09	4.4613	20.0 EL; 40.0 Fructus <i>Saw palmetto</i> Power extract; 10.0 Pumpkin Seed Powder Extract; 10.0 Fructus <i>Tribulus terrestris</i> powder extract; 20.0 Root <i>Muria puama</i> powder extract.	✗	✗
10	MON-A10	4.3800	0.0 EL, 21.5 Herbs <i>Coriandrum sativum</i> ; 4.4 Radix <i>Smilax myosotiflora</i> ; 4.3 Herb <i>Pimpenella anisum</i> ; 4.3 Herbs <i>Cuminum cyminum</i> ; 4.3 Seed <i>Nigella sativa</i> ; 4.3 Rizom <i>Alpinia galanga</i> ; 3.2 Rizom <i>Curcuma domestica</i> ; 33.4 Honey; 3.1 Sesame oil; 3.2 Rizom <i>Zingiber officinale</i> ; 4.3 Flos <i>Eugenia aromatica</i> ; 2.2 <i>Helicteres isora</i> ; 2.2 Fructus <i>Myristica fragrans</i> ; 2.2 Seed <i>Piper nigrum</i> ; 3.2 Semen <i>Tracchyspermum ammi</i> .	✗	✗
11	MON-A11	6.9000	16.0 EL; 30.0 <i>Angullia angullia</i> ; 20.0 Radix <i>Striga asiatica</i> ; 14.0 <i>Zingiber officinale</i> rhizome; 10.0 Radix <i>Smilax myosotiflora zingiber</i> ; 10.0 Bulbus <i>Allium sativum</i> .	✓	✓
12	MON-A12	7.0200	14.6 EL; 29.3 Honey; 20.5 Bean oil; 2.9 Rhizoma <i>Zingiber officinale</i> ; 0.4 Flos <i>Eugenia aromatica</i> ; 5.9 Herba <i>piper nigrum</i> ; 2.9 Herba <i>Croton caudatum</i> ; 4.4 Herba <i>Coriandrum sativum</i> ; 1.5 Herba <i>Nigella sativa</i> ; 1.5 Fructus <i>Pimpinella anisum</i> ; 1.5 <i>Stichopus variegatus</i> ; 14.6 <i>Morinda citrifolia</i> .	✗	✗
13	MON-A13	2.2700	100.0 EL.	✓	✓

14	MON-A14	5.0500	25.6 EL; 25.6 Maca extract/Rhizoma <i>Lipidum meyenii</i> ; 25.6 American Ginseng extract; 23.3 <i>Ginkgo biloba</i> powder.	X	X
15	MON-A15	1.5500	100.0 EL.	✓	✓
16	MON-A16	2.4670	70.0 EL; 10.0 Radix <i>Achyranthes bidentata</i> ; 10.0 Cortex <i>Eucommia ulmoides</i> ; 10.0 radix <i>Astrogalus membranaceus</i> bge.	✓	✓
17	MON-A17	8.1090	51.2 EL; 2.1 <i>Eugenia caryophyllata</i> Fructus; 4.3 Radix <i>Curcuma zedoaria</i> ; 4.3 <i>Zingiber officinale</i> roscoe; 2.5 Rhizome <i>Cuminum cyminum</i> ; 2.1 Semen <i>Piper nigrum</i> ; 2.1 Rhizome <i>Alpina galangal</i> ; 4.3 Semen <i>Pimpinella anisum</i> ; 1.3 Semen <i>Cariandrum sativum</i> ; 12.0 Semen <i>Nigella sativa</i> ; 12.0 Cortex <i>Cinnamomum zeylanicum</i> ; 1.8 Fructus <i>Myristica fragrans</i> .	X	X
18	MON-A18	6.2360	1.0 EL; 2.0 Piper <i>Longum fructus</i> ; 1.0 <i>Helicteres isora</i> stem; 96.0 <i>Coriandrum sativum</i> seed.	✓	✓
19	MON-A19	4.5000	10.0 EL; 30.0 Stem <i>Ardisia crispa</i> ; 20.0 Stem <i>Cinnamoum iners</i> ; 20.0 Radix <i>Moringa elliptica</i> ; 5.0 Rhizome <i>Smilax myositiflora</i> ; 5.0 Stem <i>Alyxia reinwardtii</i> ; 5.0 Stem <i>Alyxia indica</i> ; 5.0 Radix <i>Freycinetia malaccensis</i> .	X	X
20	MON-A20	7.1860	11.3 EL; 17.5 Herba <i>Cynomorium songaricum</i> ; 16.3 Semen <i>Cuscuta chinensis</i> ; 12.5 Cortex <i>Eucommia ulmoides</i> ; 12.5 Radix <i>Panax ginseng</i> ; 11.3 Fructus <i>Tribulus terrestris</i> ; 10.0 Rhizoma <i>Dioscorea opposita</i> ; 8.8 Fructus <i>Lycium barbarum</i> .	✓	✓
21	MON-A21	6.8950	42.9 EL; 28.6 <i>Eleutherococcus senticosus</i> root extract; 28.6 Fructus <i>Tribulus terrestris</i> extract.	X	X
22	MON-A22	5.5640	100.0 EL.	✓	✓
23	MON-A23	3.6560	100.0 EL.	✓	✓
24	MON-X01	2.5896	100.0 EL.	✓	✓
25	MON-X02	2.7273	50.0 EL; 50.0 Ginseng.	✓	✓
26	MON-X03	2.1210	100.0 EL.	✓	✓
27	MON-X04	0.3734	15.0 EL; 5.0 Extract <i>Miristica fragrans</i> ; 10.0 Extract Yohimbin; 20.0 <i>Zingiber</i> rhizome; 30.0 <i>Curcuma zedoaria</i> ; 20.0 Other ingredients.	X	X
28	MON-X05	0.8069	40.0 EL; 10.0 Pantrocinum; 10.0 <i>Syngnathoides biaculeatus</i> ; 10.0 Panax Ginseng radix; 10.0 <i>Yohimbehae</i> ; 10.0 <i>Ganoderma</i> ; 10.0 Hypocampus.	✓	✓
29	MON-X06	2.5567	100.0 EL, flower seeds and herbs.	X	X

EL: *Eurycoma longifolia*

\* The ingredient is exactly as stated on the products' labels

## DISCUSSION

The markers are found in the region of low molecular weight of approximately 14kDa and distinctively to be at the basic site which is often being vertically streaked. The marker spots were only detected in coomassie and not in silver staining. These staining dyes are known to have far less sensitivity i.e leading to weak staining or even failure of detection when used for detection of highly glycosylated proteoglycans (protein-glycosaminoglycans) or glycoproteins (protein-

oligosaccharides) [28-29]. Additionally this also suggested the markers to be glycopeptides based on its low molecular weight and its heat stability. Many reports linked, though not conclusively, the aphrodisiac activity to be glycopeptide in nature [22 - 24]. Our attempts to determine their identity by LC MS/MS (results not included) failed as the protein database available in Mascot for *E. longifolia* was only four proteins, which were related to photosynthetic mechanism rather than linked to aphrodisiac activity [30]. In any case the de novo sequencing done on the

significant ions revealed amino acid sequence that may aid in primer designs for further work.

In most cases the markers are the only spots detected due to the extraction process requiring boiling causing protein denaturation. This has been the norm in traditional extraction as well as in most modern techniques whereby chips of the dried roots been boiled in water for hours to yield extracts supposedly having the aphrodisiac activity [31]. Nevertheless two dimensional electrophoresis of some extracts were shown to have other spots present as well for e.g. Mon-A07 (Fig 2). As the labels of the products do not indicate clearly the extraction process utilized this observation of having certain products showing numerous spots still remains unclear. It must be noted that even if the sample size for the unapproved products were relatively small due to the difficulties in obtaining them, the detection of the markers in them is quite admirable. As such it is likely the efficacy of these unapproved products might match or are better than the approved ones. Nevertheless there are still risks of other contaminants (fungi or bacteria or heavy metals) which are supposed to be strictly regulated by NPCB. The reason why most unapproved products contain the biomarkers is due to the fact that *E. longifolia* extract can be obtained easily with little processing. This was demonstrated by the positive results obtained with MON-JV1 extracted in our laboratory.

Spot A appears as the definite marker as it is found present in all extracts labeled to contain *E. longifolia* extracts. Marker A was also noticed to be more prominent and conspicuous than spot B. Hence we suggested the use of this spot as a quality control marker during the testing in batch production of these herbal products at the manufacturing site. Agency such as NPCB may incorporate this marker apart from the existing Eurycomanone in their enforcing activities [32-33]. The latter has been clearly indicated as not being the constituent responsible for the aphrodisiac activity. In the wake of many fake *E. longifolia* products with some even been adulterated with drugs like sildenafil citrate or acetildenafil sold mostly over the internet, a thorough testing involving multiple techniques with specific markers such as ours is certainly required [34]. The surplus in fake products in the US market had even the US FDA got concerned [35-36].

## CONCLUSION

The increasing number of herbal products relevant to aphrodisiac benefits claimed to have incorporated *E. longifolia* extracts is on an alarming rise with various scrupulous activities detected in similar extend. A thorough and specific authentication is warranted using marker A detected in two dimensional electrophoresis, a subset of proteomics technology.

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